

WEEK 1

Weekly Grab & Go Specials

Available Mon-Sun 11:30-1:30p

★ **Salads-\$4.00**

Walnut Apple Chicken Salad

Romaine, baked chicken breast, fresh apples & walnuts w/ your choice of dressing

Mandarin Orange Asian Noodle Salad

Fresh Veggies, oranges, & noodles tossed w/ a sweet Asian dressing on a bed of spring mix

★ **Sandwiches**

Bistro Roast Beef Sub \$3.00

Beef, bistro sauce, and swiss cheese on a soft roll w/ lettuce & tomatoes

Crab Salad on Croissant \$2.75

East coast style crab salad on a croissant with lettuce and tomato

Honey Dijon Ham Wrap \$3.00

Ham, honey mustard, lettuce, tomato, cheddar cheese wrapped in a garlic herb tortilla

Weekly Cafeteria Menu



Monday

Breakfast Hard Boiled Egg, Bacon & Sausage

Lunch Entrée Meatloaf W/ Gravy \$2.50

Á La Carte Mashed Potatoes, Cut Corn

Soup of the Day

Tuesday

Breakfast Cranberry Cinnamon Oatmeal, Bacon & Sausage

Lunch Entrée Chicken Fajitas \$

Á La Carte Spanish Rice, Refried Beans

Soup of the Day

Wednesday

Breakfast French Toast, Bacon & Sausage

Lunch Entrée Bacon Wrapped Pork Tenderloin Steak \$2.75

Á La Carte Baked Sweet Potatoes, Green Beans

Soup of the Day

Thursday

Breakfast Cheesy Scrambled Eggs, Bacon & Sausage

Lunch Entrée Italian Chicken Quarters \$2.25

Á La Carte Roasted Garlic Potatoes, Glazed Carrots

Soup of the Day

Friday

Breakfast Sausage & Cheese Egg Bake, Bacon & Sausage

Lunch Entrée Parmesan Crusted Tilapia \$2.50

Á La Carte Buttered Garlic Noodles, Broccoli

Soup of the Day

★ **Cafeteria Hours** ★

Monday-Friday

Breakfast 8-10:30am

Lunch 11:30-1:30pm

Weekends 11:30-1:30

Kitchen Phone #36351

Manager Jim M. #36321

NOW SERVING HOT BREAKFAST MONDAY-FRIDAY

★ **CAFETERIA HOURS HAVE CHANGED!** ★